



CATHOLIC
DAUGHTERS
OF THE
AMERICAS

MISSION STATEMENT

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

UPCOMING EVENTS

March:

- 10th CDA Meeting
- 14-22nd Easter Ham Raffle & Pie Sales
- 17th Habitat Build Day
- TBD Confirmation Blankets/1st Communion Rosaries

April:

- 7th CDA Meeting Baby Shower—Pregnancy Options
- 18th Pillow Cleaning
- 22nd School Marathon

May:

- 12th CDA Meeting May Crowning
- TBD Retreat

June:

- 8th Priest Appreciation
- TBD Salad Luncheon
- TBD Officer Installation

July:

- 8-12th Pro-Life booth at Waseca County Fair
- 22-26th Nat'l Convention—Coralville, IA

August:

- 1st Pillow Cleaning
- 11th Meeting—Picnic

GABRIEL

COURT SACRED HEART #1424
WASECA, MINNESOTA



MARCH 2026

Next CDA Gathering:

Tuesday March 10, 2026
6:00pm Rosary; 6:30pm Meeting



April Showers Bring...

Pregnancy Options Baby Shower



By Pat Foley

Court Sacred Heart has been holding a baby shower to collect supplies for Pregnancy Options Healthcare Center for several years. For those of you who are not familiar with Pregnancy Options, I will tell you a little about the clinic. I have volunteered at the clinic for almost three years.

Pregnancy Options has had an office in Faribault for many years and in October of 2025 opened a satellite office in Owatonna. They offer free, confidential support for pregnancy related needs, including pregnancy testing, limited ultrasounds, STD/STI testing and options counseling. They provide education classes, (called “Earn While You Learn”), parenting support, and material assistance for those facing unplanned pregnancies, aiming to empower individuals to make informed, life affirming choices. Services are available to anyone with a pregnancy related need, regardless of income, religion or marital status. If a woman comes in wanting an abortion, counseling is given to help that woman understand what abortion is and how it affects a woman physically, emotionally and spiritually. Ultrasounds are offered so the woman can see if the pregnancy is viable and is able to visualize the baby’s heartbeat, which can be seen as early as 5 days after conception. The women are never told what they should or should not do. If they are open to it, prayers are said with them.

As I said, I have volunteered there for some time. My position includes offering pregnancy and STD/STI testing to the women. For those who are pregnant I offer education on pregnancy and childbirth and after they have the baby, offer education on caring for that child up to the second birthday. I also help them gather supplies that they need that range from diapers to clothing, furniture to toys. Almost anything that a baby needs can be obtained at the clinic. By attending Earn While You Learn classes they earn credits that can be used to purchase formula, wipes, hygiene supplies and new clothing. They are given a free package of diapers after every class. Items such as furniture, toys, gently used clothing and blankets are free when they attend classes.



April Showers Bring... Pregnancy Options Baby Shower



Continued from page 1

The clinic is a non-profit organization and runs totally on donations of money and supplies from donors. This is where the baby shower comes in. Near this article will be a list of items that the clinic is most in need of at this time. But ALL items for babies are always welcome. If you, or someone that you know has baby furniture, gently used baby clothes, etc. these items can be brought to either clinic. The clinic is always in need of monetary donations to cover the cost of running two buildings, paying two staff and purchasing supplies that are not received as donations. (If you give a monetary donation, please put it in an envelope with your name and address in it). The clinic is also in need of volunteers. Volunteers can do anything from answering the phone, helping to take in, sort and display items donated to the clinic, or be an advocate working directly with the women.

Other ways that you can help is to attend The Gala, held annually on the first Saturday in October. Pregnancy Options also has a walk/run event called "Run Baby Run" every August. For the past several years they have had a matching donation challenge. This year's challenge will be held between Mother's Day and Father's Day.

If you have questions about Pregnancy Options, feel free to ask me. Or stop in to visit one of the clinics in Faribault (18 West 2nd Street) or Owatonna (located next to East Wind Buffet). One of the staff will be happy to give you a tour and answer your questions. Currently, the Owatonna site is open on Wednesdays from 9am to 4pm. Faribault is open on Monday, Wednesday, and Thursdays from 9am to 4pm and on Friday from 9am to 1pm.



shutterstock.com

New socks, both boys and girls, all sizes except newborn

Basic baby monitors

Hygiene items (such as shampoo, body wash, diaper cream, lotion, etc.)

Purple formula

Size 6 diapers

Copy paper

K-cups (we have enough decaf right now)

Packages of hot chocolate mx

Anything that your heart tells you to donate

Important State & National Dates

State deadline for Website, Education, Newsletter, and Facebook contests - March 1st, 2026

National application deadline for Campus Court Scholarship - May 15, 2026

National Biennial Convention July 22-26, 2026 in Coralville, Iowa

Letter from our Regent.....

Dear Sisters in CDA,

Let's take some time to reflect on friendship. How do we act in a relationship with a friend? We listen, we talk, we share. We are grateful. We are honest, forgiving, and loving. During this season of Lent, are you spending time with Jesus as a friend? Listening to Him, bringing your troubles, your thoughts, and happiness to Him. Letting Him know you are thankful for all you have been given, and all He gave up for you. I have been trying to spend 5-10 minutes a day reading faith-based articles. I have even picked up a children's bible to make it easier! It's been said that if you do something consistently for 30 days, it becomes a habit. Well, there are 40 days in Lent - let's see if this can become my new "habit". I read this quote today and I am not sure who originally said it - "Life without God, is like an unsharpened pencil. It has no point." I do want to keep my pencil sharpened - and increase my friendship with God, how about you?

If we are discussing friendships, where does Catholic Daughters fit in here? Well, CDA is a "Sisterhood" like no other. We all share in this love of God. We support each other in prayer, come together for fellowship, and we have fun! We work together to assist so many others in a variety of ways. We contribute to food shelves, clothing drives, and even help build homes in Habitat for Humanity! Sure, we hold bake sales, luncheons, and other fundraisers. We also support our youth, our priests, seminarians, and women's religious. We promote Respect for Life! And we do all this in friendship with each other. Do you realize that if you sent out a request for prayers, you could easily have over 1,000 of your "Sisters" responding? Can you think of any other organization you can join that can provide this type of Unity? I can't. I am truly grateful that I have so many "sisters", who are also my friends!

With Unity and Charity and the love of Christ,

Lori Mickelson, Regent
Court Sacred Heart

2025-2026 CDA Officers

Regent

Lori Mickelson
loriann8262@gmail.com
2233 Baker Trail
Faribault, MN 55021
507-461-2446

Vice Regent

Linda Groh
lgroh3@icloud.com
625 2nd Ave NW
Waseca, MN 56093
507-995-6520

Recording Secretary

Lori Harris
harl@waseca.k12.mn.us
36988 Knoll Drive
Waseca MN 56093
507-461-3630

Financial Secretary

Patricia Masberg
m.masberg@mchsi.com
6246th Ave SW
Waseca MN 56093
504-461-3469

Treasurer

Jeanne Sexton
faithhopej6@outlook.com
516 9th St NE
Waseca MN 56093
507-304-3015

Chaplain

Father Glenn Frerichs
gfrerichs@
sacredheartwaseca.org
111 4th St. NW
Waseca MN 56093
507-835-1222

District Deputy

Tracie Peterson
Owat/Medford/Waseca
507-213-6049
traciedpeterson@yahoo.com

Newsletter Editor

Carmen Battenfeld
cdawaseca1424@gmail.com
2009 5th St NE
Waseca MN 56093
507-272-2416

CDA Ham and Pie Raffle & Pie Sales

\$10 per ticket—only 100 tickets will be sold!

WIN one of two half hams and a pie!

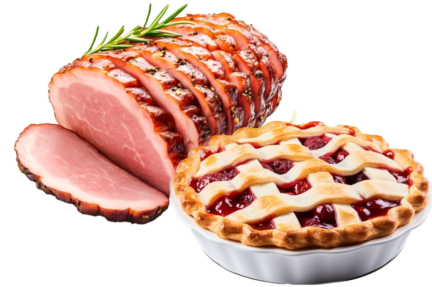
- Ham donated by Fischer Family Farms -

Ticket and Pie sales after Sacred Heart Masses

March 14 & 15 and March 21 & 22.

Raffle winner will be drawn Sunday, March 22nd

Questions? Contact Carmen Battenfeld 507-272-2416



Sign up to help:

<https://www.signupgenius.com/go/5080C4CADA62BAB9-55736717-easter>



THANK YOU!
TO EVERYONE WHO
VOLUNTEERED,
BAKED, AND
DONATED
PIE AND POP
FOR THE BURGER FRY



Photo credit: wasecachamber.com

CDA HABITAT BUILD

Tuesday, March 17th

9:00 am - 12:00 noon

1475 Sage LN NE, Owatonna

Sign up at <https://www.tworivershabitat.org/>

look for the "Volunteer" tab.

If you have questions contact

Lori Mickelson (507-461-2446) or Pat Foley (507-461-5095)

CDA Minutes February 10, 2026

Program: Description of Officers Skit by Pat Foley, Lori Mickelson and Linda Groh.

The regular meeting of Court Sacred Heart #1424 was called to order by Regent Lori Mickelson on Tuesday, February 10, 2026 at 6:45 p.m. in the Parish Center dining room.

Opening Prayer
Pledge of Allegiance

Silent roll call of officers - There were 5 officers and 17 members present.

A motion was made by Pat Foley to approve the January minutes printed in the newsletter, with a correction of the ham raffle tickets being sold for \$10 each. The motion was seconded and approved.

Correspondence was read by Recording Secretary Lori Harris and passed among members.

The treasurer's report was made available by Treasurer Jeanne Sexton.

Check #	To	For
	No Checks Went Out This Month	

Bills were presented by Financial Secretary Patty Masberg

Reports of Chairmen:

CDA Bake Sale - Jaye Sopkowiak and Diane Ytuarte - Thank you to all of those who worked, donated baked goods and supported the bake sale by purchasing items. There was a profit of \$1224. Half of the proceeds, \$612, went to Sacred Heart School. Leftover baked goods were donated to the Waseca Fire and Police Stations. They were very appreciative.

Habitat for Humanity - Lori Mickelson has been in contact with the Two Rivers Habitat for Humanity in charge of the build. There are no set dates at this time to help with the build. We need a court member to be the contact person for the build dates. The address of the build is 1475 Sage LN NE in Owatonna. Hops for Habitat will be held on Saturday, Apr 11, 2026 from 3-7pm in Owatonna to raise funds for Habitat for Humanity.

Unfinished Business:

Education Contest - Theme - "The Least of These. Matthew 25:40" or "The Least of These: Lifting Others Up" Carol Schumacher received 2 entries, so we have 2 winners: Char Harguth and Patty Masberg. Congratulations! The entries will be sent on to the state contest.

KC Burger Fry and Pie Sale - Lori Mickelson and Lori Harris will co-chair the event on Feb 20, 2026 from 5-7 pm. Tickets are available for purchase, \$10 each. Please contact Lori Mickelson to purchase tickets (507-461-2446). Checks payable to SAL. Please check the Sign-up Genius for needed donations of pop, pies and a few workers. Thank you.

Easter Ham Raffle - Carmen Battenfeld and Geri Kassel will co-chair the raffle. Raffle ticket and pie sales will take place after Masses on March 14-15 and 21-22. One hundred raffle tickets will be sold for \$10 each. We will draw for 2 winners this year to receive half a ham each donated by Fischer Farms and a pie of their choice. Pie pickup will be March 28-29.

Sacred Heart Gym Equipment - Deb Wobschall - New basketball hoops were purchased for the Sacred Heart gym. Father asked if our CDA group could help over the cost. We discussed the budget and Jaye Sopkowiak made a motion to give an additional \$500 towards the cost of the hoops. The motion was seconded and passed.

The National CDA Convention is on July 22-26, 2026 and will be held in Coralville, Iowa. Three rooms have been reserved at the Hyatt Regency. Members are encouraged to attend. We need 2 delegates and 4 alternates to represent our court. Delegate fees will be paid for by the court. Pat Foley and Katrina Davison expressed interest in being delegates. Please contact one of the CDA officers if you are interested in being a delegate or an alternate.

Election of New Officers/Reception and Installation Mass - Elections will take place in May. Anyone interested in running for an office, please contact Lori Mickelson 507-461-2446 or Linda Groh 507-995-6520. Description of officers was presented in the opening skit. It is our court's turn to host the installation Mass. Regents from Medford and Owatonna have been contacted by Lori Mickelson. Lori will talk to Father Freichs about a date to host the Mass.

Circle of Love Chair Reports are due March 1. Lori Mickelson handed out forms to be filled out by each chairperson. Thank you to all who filled out the paperwork.

New Business:

Retreat options - Patty Masberg handed out a survey of interest for members present to fill out regarding a trip to the Shrine of Our Lady of Guadalupe in LaCrosse, WI.

Officer positions and nominating committee - Our court is in need of Vice Regent, Recording Secretary, Financial Secretary and Treasurer officers for the 2026-2027 year. Volunteers are needed for the nominating committee. Pat Foley and Geri Kassel volunteered to head up this committee.

Announcements:

Linda Groh - Pregnancy Options of Mankato of Mankato has expanded to the North Mankato Clinic location. There is an open house on Friday, February 13 at 12 p.m.

March for Life - Jane Christian and Jeanne Sexton attended the State March for Life on Jan 22, 2026. There was a prayer service at the Cathedral and another program at the Capitol. They were encouraged by the attendance and the presence of many youth in support of life.

Becky Petsinger announced the Sacred Heart PTO is sponsoring a Small/Tall Dance on February 20 for the Sacred Heart School families. The PTO encouraged families to enjoy a meal at the KC/CDA sponsored burger/fish fry before attending the dance. We appreciate the support.

The next meeting will be held Tuesday, March 10, 2026.

Closing Prayer

The meeting was adjourned at 8:06 p.m.

CDA Court Sacred Heart #1424
March 10, 2026

Program: TBD

Call to Order – Regent Lori Mickelson

Opening Prayer

Pledge of Allegiance to the Flag of the USA

Welcome to All – Acknowledge Visitors

Silent Roll Call of Officers – Recording Secretary Lori Harris

Approval of February Minutes as Printed in Newsletter

Reading of Correspondence - Recording Secretary Lori Harris

Treasurer's Report –Treasurer Jeanne Sexton

Reading of any Bills – Financial Secretary Patty Masberg

Reports of Chairmen: (**5 minutes or less, please**)

- KC/CDA Burger & Fish-Pie & Soda – Lori H/Lori M
- Habitat for Humanity Grant/Build – Lori Mickelson – March 17 CDA Build day
1475 Sage LN NE Owatonna

Unfinished Business:

- Ham Raffle/Pie Sales – Carmen Battenfeld/Geri Kassel
- Education Contest Entries – Carole Schumacher
- Convention July 2026 – Coralville, IA – 2 Delegates, 4 Alternates
- Nominating Committee for Election of Officers
2026-28 Officer positions needed: Vice Regent, Recording Secretary, Fina. Secretary, Treasurer
- Reception and Installation of Officers Mass – date to be determined
- Retreat to Guadalupe Shrine in La Crosse – Patty Masberg

New Business:

- Confirmation Blankets – Lori Harris/Connie Ockwig
- 1st Communion Rosaries – Geri Kassel
- Gift for National Regent, Susan Mone – Lori
- Virtus Training – Anne Clayton/Lori
- Baby Shower for Pregnancy Options – Pat Foley
- Pillow Cleaning – April 4
- Financial Review – April 23

Closing Prayer (Please Stand)

Next Meeting Date – March 10th

Social time will follow meeting – Feel free to stay and visit with friends!

Catholic Daughters of the Americas

Court Sacred Heart #1424

111 4th /street NW

Waseca MN 56093

Waseca Court Sacred Heart #1424

Remembering our Seminarians in Prayer!

Thomas Lambrecht

Immaculate Heart of Mary Seminary
700 Terrace Hts #724
Winona, MN 55987

Nicholas Swanson

The Saint Paul Seminary
2260 Summit Ave
St. Paul, MN 55105

Nathaniel Weniger

The Saint Paul Seminary
2260 Summit Ave
St. Paul, MN 55105

Christopher Wikstrom

The Saint Paul Seminary
2260 Summit Ave
St. Paul, MN 55105

Prayer for Seminarians

God our Father, we thank you for calling men to serve in your Church and at the service of your Son's kingdom as priests. Grant these men the gift of understanding and send your Holy Spirit to help others to know your call. May Catholic Daughters support vocations by prayer and encouragement of our youth and young adults. Through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit for ever and ever. Amen.

Micah Lehnen

University of St. Thomas
St. John Vianney College Seminary #5024
2115 Summit Ave
St. Paul, MN 55105

Luis Matos

University of St. Thomas
St. John Vianney College Seminary #5024
2115 Summit Ave
St. Paul, MN 55105

Luis Saldivar

University of St. Thomas
St. John Vianney College Seminary #5024
2115 Summit Ave
St. Paul, MN 55105